

Lauda Music

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We Are One

Vocal/Guitar Version

Chris deSilva

Liturgical and musical notes: This is a Communion song which highlights the unity that receiving the Body and Blood of Christ creates in the community gathered around the altar. The verses emphasize the link between our being incorporated into the Body of Christ and our responsibilities to other people, especially those in need. They may be sung by a Cantor, the choir or the whole assembly.

Text: The Refrain echoes the words of Ephesians 4: 4-5 about the aspects of the faith that bring unity.

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We Are One

A Communion Song

Chris deSilva

Introduction
 ♩ = 98
 E A B C[#]m F[#]m B⁷

Refrain
 4 E Esus⁴ E A B C[#]m

We are one in the Bo - dy and the Blood of Christ: one in

7 F[#]m B G[#]m⁷ E A

faith, we have one Lord! We are one in the Spi - rit who fills

10 B C[#]m F[#]m B⁷ E Esus⁴ E **Fine**

us with life; we are the peo - ple of God.

Verses
 13 E A

1. The bread we break is the bread of
 2. The wine we bless is a ho - ly
 3. We thank our God for these pre - cious

15 G[#]m F[#]m B B⁷

life, turn - ing us from self - ish - ness and greed.
 sign of the life poured out to set us free.
 gifts: bread of jus - tice and the wine of peace.

17 E G[#]m/D[#] C[#]m F[#]m

We are to share our bread with the hung - ry,
 We have been taught to serve one an - o - ther,
 Our hearts are changed, we bring forth God's King - dom,

19 A B G[#]m/B E **D.S. al Fine**

com - mit our lives to those in need.
 and live in faith and char - i - ty.
 the life we share will nev - er cease.